

## Freezer Classics

**Place your order by 3pm on a Monday for delivery on Thursday or Friday.**

We deliver free of charge within Rutland and Stamford, minimum order value of £50.

*For larger numbers, please email me for a quote on [delivered@katecooks.co.uk](mailto:delivered@katecooks.co.uk) or phone 07711 808530.*

### Mains

#### **Spiced Lamb with Tamarind, Prunes & Homemade Spice Mix**

*A wonderful lamb dish using diced local leg of lamb. This dish has complex flavours, balancing salty, sweet and spice. A lovely choice for a special occasion.*

*Allergens: Soy*

#### **Lasagne**

*The perfect comfort food, a traditional slow cooked beef and pork ragu, with a good glug of wine! Layered with Italian egg pasta sheets and a homemade bechamel sauce, topped with a combination of freshly grated parmesan and mature cheddar.*

*Allergens: Egg, Gluten, Dairy, Celery, Sulphites*

#### **Chicken, Leek and Soft Herb Individual Pies**

*Individual pies encased in short buttery pastry. Beautifully tender free-range chicken with a velouté sauce using homemade chicken stock. Fabulous for the freezer.*

*Allergens: gluten, dairy, eggs, celery*

#### **Shepherd's Pie**

*A lovely traditional British favourite, it is cooked long and slow using delicious local lamb mince. Freezes beautifully.*

*Allergens: gluten, dairy, celery, sulphites*

#### **Spiced Chickpeas & Spinach with Chilli, Lime and Coriander (v, vg)**

*This is so comforting using the delicious large Navarriero Spanish Chickpeas, serve it with steamed basmati rice. This is a fabulous vegan dish alone, but you could also use it as a side to some slow cooked lamb.*

*Allergens: Soy*



Kate.Cooks

## Freezer Classics Menu 2023

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### Aubergine Parmigiana (v)

*This is my favourite vegetarian dish, it is simple but has to be made with care and good quality ingredients which it is here. layers of aubergine are cooked well, combine this with a lovingly made tomato sauce and good quality parmesan, it is perfect as a midweek main dish serve it with warm bread and a crisp green salad. Nothing really beats it, and you could also use it as a side dish to many grilled meat or fish dishes.*

*Allergens: Dairy*

### Salmon En Croute

*A true French classic, this dish is great for a special supper. We use sustainably sourced salmon which is encased within all butter puff pastry, with a watercress, spinach and soft herb filling.*

*Allergens: Dairy, egg, gluten*

## Freezer Puddings

### Dark Chocolate, Sea Salt and Peanut Cookie Dough (x6)

*This dough is great to have in your freezer, for when you have drop in guests arriving and you can cook them fresh to order when you want them with the lovely smell of baking cookies drifting through the house.*

*Allergens: gluten, dairy, nuts, eggs*

### Double Chocolate and Sea Salt Brownies

*These brownies contain only the best quality 70% cocoa solids Callebaut chocolate, give them a try, I will be surprised if you find a better brownie in town!*

*Allergens: gluten, dairy, eggs*

### Seasonal Fruit Crumble

*This crumble will work with the British seasons, using the fruit that is most ripe and delicious, combined with a delicious oat pecan crumble topping. It is a great pudding to have in the freezer just ready to go.*

*Allergens: gluten, dairy, nuts*

Kate.